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DAV Magazine

Editor/Publisher
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Volume 24 | Number 2
Greetings Comrades,

The past three months since being elected your commander have been very fast and a truly wonderful learning experience for me. We have a new chapter, number 100, approved and able to start work. We are also working on another new chapter.

I want to thank everyone from the department who attended the National DAV convention. The best count that I have been able to get is that we had 26 members from the department attending. This is the most that I have seen in the four National Conventions that I have attended.

There are several things that I came away with that I need to pass on to our members.

At National DAV Convention the request that an increase in membership cost be raised to $300 for a lifetime membership for anyone under the age of 80 was approved and will take effect on January 1, 2020. Everyone who is a part-life paid member under the current sliding scale will be grandfathered in to remain at the rate they signed up under and not be required to pay the new rate. So, this is an incentive you can use to help you recruit new members.

For the first time in eighteen years all four states in the MALT 8th District made recruiting goals.

In one of the sessions it was put out that “people who attend state and national meetings are there to attend the training sessions, receive information and pass that information on to your department or chapters.” If you do not attend the training sessions, you should not be expected to be reimbursed from your department or chapter for your travel. There is always time when there are no sessions going on so that committees may meet, that is free time for you to have fun. Also, the 8th District NEC Commander talked with me to ensure that I understood this and that I am responsible for all members from the department who attended.

Next year at the 8th District meeting at our convention in June we will be voting on someone from Alabama to be the next 8th District NEC Representative. With this said, anyone who would like to run for this position needs to send a letter or message to the department adjutant which request for you, and who you would like to appoint as your alternate, to be considered as the next 8th district NEC along with your bio.

I have not found any written guidelines in our C&BL for the requirements for the position, but I have received some input from current and past NECs. A person should have held chapter officer positions, department officer positions and be very active in the National Volunteer Program, be active in the department monthly townhall/training on the fourth Saturday.
Greetings Comrades,

I attended the Commander and Adjutant training at the DAV Headquarter from June 29, 2019 through July 2, 2019. I had the opportunity to gain additional information about DAV. We must always remember that membership is our lifeline to DAV. The new recruiting year began July 1, 2019 and all chapters should have received their goals by now. Thank you and job well done to the chapters that have already recruited new members. Please continue the good work and let us all continue to reach our goals for our chapter.

On August 3, 2019 I attended the National DAV Convention in Orlando, Florida; we elected Stephen “Butch” Whitehead as our National Commander.

Please make sure you attend the Black & White Banquet in Talladega AL on Saturday, September 14, 2019 at 5:00 PM. Also, on October 19, 2019 at 9:00 AM will be the Commander & Adjutant Training at 2750 Tremont Street Montgomery, AL 36110. I am looking forward to seeing everyone at the training. This training isn’t just for Commanders and Adjutants it is also for anyone in our chapter that would like to attend.

I want to remind everyone of our Town Hall meeting on the 4th Saturday of each month. It is open to all members so please join us.

Respectfully

Eugene Zeigler
Senior Vice Commander
Department of Alabama

Senior Vice Commander
Eugene Zeigler

Montgomery on October 19th. I have enjoyed the visits that I have made to some of the chapters so far this year and am looking forward to visiting your chapter if I have not been there.

Respectfully,

Jerry Morgan
Commander
Department of Alabama

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All Articles due the 20th of the month prior to the publishing of the newsletter except for the January Issue! Check dates above.
As we progress into our first ninety days as a department entity “Thank you for your service!” For the chapters in district two that I have already visited thank you for allowing me to attend your chapter meetings. I look forward to the ones I haven’t visited also. The true professionalism you have displayed says a lot about your character and undying desire to assist veterans. I think I have said this before, the Department of Alabama has a lot of talented members that have and continue to contribute tremendously toward helping veterans in the State of Alabama and the communities in which each and every one of us live. Let’s continue to work together and provide the services veterans deserve and need i.e. claims assistance, appointments and utilizing service vans for transportation. Also don’t forget your fundraising and membership activities. Membership is an important aspect of this organization.

I was reading an old article on the DAV website the other day entitled “War and Scars-A history of the Disabled American Veterans” by Thomas Wilburn and David Autry. It talks a lot about the early start of the DAV after World War I and the struggles it took to get Congress and at that time no Veteran Administration had been established. To me it also was a story about how the torch has been passed from the veterans of WWI, to the veterans of WWII, to the veterans of the Korean War, to the veterans of the Vietnam War and to the present day war on terrorism veterans. After each war the DAV has stood strong to ensure the physical and mental ailments that veterans suffer from during their times in a combat zone or while in the military are taken care of. We as veterans need to continue to support legislation for generations now and future ones in order to ensure none of the hard work put in by our predecessors or gone to waste. I knew a fellow once who said “The true character of person is not measured by what he or she does in front of a crowd, it is instead measured by what he or she does when no one is watching”.

The following is a consolidated list of events that chapters in District 2 have participated in or are going to participate in till the next issue. If you are from the DAV/MALT (Mississippi, Alabama, Louisiana, and Tennessee) and on behalf of Chapter Commanders in District 2 you are invited to our meetings because this is positively Department of Alabama/DAV events:

Chapter 1: (“T-town”-Tuscaloosa) - 7/26/2019 - Commander George and chapter members hosted an all day retreat for the leadership teams from 8 o’clock a.m. to 5 o’clock p.m. at their chapter office. They are also helping veterans from Tuscaloosa to all counties within their span with claims and doctor appointments.

Chapter 4: (“Magic City”-Birmingham) – Commander Hampton and chapter members held two outreach events with a nice turnout. Participants were informed about the DAV and some of their local services. An agricultural group gave a presentation on grants for anyone interested in farming, from a small garden to a larger scale. They also presented the presenters food from their food pantry as well as distributing food to needy veterans. If anyone within the Department of Alabama/DAV knows of anyone they can help contact davbirchap04@gmsi.com

Chapter 21: (Piedmont) – Commander Hilburn and Unit 12 continues to provide needed claim services to veterans in the Piedmont area.

Chapter 27: (Pell City) – Commander Varner states “she and members of DAV Chapter 27 continues to be a strong presence in the Jefferson County Veterans Court System where we serve as Mentors to Veterans who are trying to rebuild their lives and that of their families. Every month, we are seeing more and more Veterans ‘Graduate’ from this valuable legal program. If you are within a reasonable driving distance of the Jefferson County Courthouse, we would welcome your visit to observe the internal workings and effectiveness of this program. We would also be pleased if you joined in the process by becoming a mentor. Call us at (205)-405-1747 to inquire for more details or learn of the next court date. It is such a Blessing to watch these Veterans go from a hopeless feeling to a confident graduate who is better prepared to rebuild their future.

Several of our Chapter members participated in numerous Independence Day Celebrations and Ceremonies as we reflected on our Country’s past and the enormous price paid for the Freedom we get to enjoy today. We spent some of that time handing out small US Flags and promoting ‘Patriotism’ among our children and young adults.

During our July Meeting, our Chapter was so pleased to have “Special Guest” Earl Frazier, our Department’s First Junior Vice and our District Executive Committeeman (DEC). Many of our members are unable to attend our Department’s Conventions and Conferences, so it was exciting to hear all the plans and projects the Department is involved in to assist Veterans and protect their benefits.”
Comrades,

No input for this edition of News & Views.

Respectfully

Joe Donaldson
2nd Junior Vice Commander

National Day of the Deployed
26 October 2019

Keep your heads down and your spirits up.

**2nd Junior Vice Commander**

**Joseph Donaldson**

(3rd District)

Chapter 28: (Blount/Cullman) – Commander Cannon and Chapter 28 have been busy supporting veterans in Blount County and Cullman County and is still working on getting a permanent service office in Cullman. The chapter has helped several veterans in need and continues to conduct fundraisers to be able to do so. The chapter is already planning for the Veterans Day fundraising period with the Cullman Golden Corral, as well as the Veterans Day celebration in Birmingham. Chapter 28 has purchased a whole table at both the National Veterans Day banquet and the annual Black and White Banquet sponsored by Chapter 78. At the September chapter meeting, Alabama’s Commissioner of Veterans Affairs, RADM Kent Davis will be our guest.

Chapter 33: (Clanton) - In July, Commander White and Treasurer Velasquez went with Southern Care Beacon Hospice to present a Plaque to World War II Veteran (John Wallace)of Maplesville, AL. On 2nd & 3rd August 2019, there was also a benefit singing given by Heavenly Strings (a bluegrass Gospel Group originally from Calera, Alabama) which was a huge success. All proceeds raised was presented to Chapter 33.

Chapter 78: (Talladega)- Commander Nelson and Chapter 78 will conduct their annual POW/MIA, Black and White Banquet on September 14th 2019 at 5 p.m. registration forms can be found on the Department of Alabama website. They are also processing veteran claims daily. Chapter 98: (Anniston/Oxford) – Commander Cobb and Chapter 98, continues to provide service for claims, free van rides for VA appointments and commitments to their communities in the Anniston & Oxford area.

Once again “Thank you for your service!” “Airborne!”

Enjoy the rest of your morning or evening.

Earl Lee Frazier
1st Junior Vice Commander

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**National Day of the Deployed**
26 October 2019

Keep your heads down and your spirits up.
Greetings Comrades,

Hello 1st District.

I attended the 98th DAV National Convention in Orlando, FL from August 1-7, 2019. I would say without a doubt this Convention was outstanding. I came away from the convention with a new sense of comradeship because Disabled American Veterans is truly the premier veteran service organization. I have several forward-thinking points that I have embraced.

1. Be Kind to a veteran always because we never know what is going on with that veteran mental and physical state. Those brave men and women are depending on DAV to be of the utmost professional.
2. Be active in your chapter by attending its meeting(s), fund raiser, other events and if you have an idea that you think will make the chapter and department better speak up because no one has a monopoly on anything.
3. Seek out speakers from government and the private sector who have information that will benefit veteran(s) and their families.
4. I am a proud member of J Paul Pitts Unit 12; I challenge every DAV member to join their chapter auxiliary unit.

Starting 1 January 2020 $300.00 dues for all 18-79 years of age, 80 years of age will be $0.00.

“Have a Wolf-Pack Day”
Respectfully,

Willie T. Scott, Jr.
3rd Junior Vice Commander

Chapter 18: (Guntersville) submitted by Commander Edwin Allison
The chapter is alive and well and continues to grow and improve our activities, projects, programs, membership and area visibility. Yes Virginia, there is a DAV Chapter in Marshall County! The chapter continues to operate our independent van transporting veterans to their appointments at the Birmingham VAMC, despite a shortage of drivers. A couple of member drivers stepped up and drove 5 to 8 days a month. The shortage was brought about last year due to the loss of our background check capability, which has now been resolved and we are recruiting and adding new volunteer drivers again. Our membership recruiting is doing well. We are on par with last year’s quota busting level. Hopefully, we can double our efforts this year. Our CSOs, working out of the county’s public libraries and doing house calls, continue assisting veterans file claims and fill out other paperwork.

We continue working fundraising efforts to support our programs. We currently are working hard on our 9th Annual Golf Tournament scheduled on September 6th. All proceeds go toward operating, maintaining and replacing our van. All officers and members of the Department and its Chapters are cordially invited to participate. We also have 2 combined Forget-Me-Not Sales & Membership Drives scheduled for August 31st and October 4th and 5th. We are continuously exploring multiple fundraising venues for all our projects and programs, including our Suicide Awareness, Intervention and Prevention program “Suicide safer Communities.”

For the month of July, we had 26 volunteers contribute 676 LVAP hours in supporting the chapter and area veterans. We also have members volunteering at the Guntersville CBOC where their hours are counted under the VAVS program.

In Service to Our Nation’s Veterans,

Edwin B. Allison, Commander
Frank L. Bradford Chapter 18
(256) 572-9106 eballison52@yahoo.com

In Service to Our Nation’s Veterans,

Willie T. Scott, Jr.
3rd Junior Vice Commander

ONLINE/OVER THE PHONE TRAINING
When: Every 4th Saturday 0800
How: Call (319) 527-4759
No access code needed

https://join.startmeeting.com/debbwalk32
Tired of feeling in the dark?
Want to know what is going on in the Department?
Would you like a little more help in conducting DAV business?

Established 13 October 1775
Greetings Comrades,

Hope to find all doing well. Well it has been a busy three months, a lot of traveling. So far, I’ve visited 4 Chapters: 9, 87, 94, 99. I hope to visit all the chapters around the Mobile area within the next two months. I attended the 2019 DAV/DAVA National Convention which was held in Orlando FL. August 2-7, 2019. If you want to know everything about the DAV and what is going on in Congress and the VA, I urge you to attend a National Convention. Lots of seminars were held providing information from organizations who support veterans.

Chapter 9 Enterprise-Coffee Co. held their Elections July 11, 2019 and officers and appointed officers were sworn in August 8, 2019. Chapter 9 Color and Honor Guard participated and led the Annual Slocomb Tomato Festival Parade, which was held June 8, 2019 in Slocomb, AL. They also will have participating in a Fundraiser at a Golf Tournament which will be held in October. They also will have a Fundraiser at the National Peanut Festival November 1-9, 2019

Chapter 87 Dothan had the drawing for the Commemorative Rifle which was held at their Membership meeting on August 15, 2019. Participated at the CAVHCS 2019 Mental Health Summit which was held at Troy University-Dothan Campus. There was a great turn out.

Chapter 94 Ozark is a very active chapter from doing Boston Butt and Rib sales, visiting veterans at the local Nursing Homes and Hospitals, to community service. Keep up the good work.

Chapter 99 New Brockton held their elections July 25,2019. I swore in their officers and appointed officers at The Landing on Ft Rucker August 22,2019. Members built a ramp for a veteran in Enterprise. They also held a Bike Rally and Fish Fry July 18-21, 2019 in Jack, AL.

Starting January 1, 2020 all service-connected disabled veterans, Purple Heart Recipients, former POWs and primary caregivers will be eligible to shop at commissaries and exchanges. The newly eligible customers will be able to use certain morale, welfare, and recreation activities.

I urge everyone to participate in the Monthly Town Hall and Training every 4th Saturday of each month at 0800. This is the time that you can put in your input on any issue.

I hope all chapters are working on their Annual Finance Reports. They need to be in before September 30, 2019. If you need help contact me at kedwards30378@sw.rr.com or call me at 334-596-5217

Continue to be blessed.

Kerry Edwards
4th Junior Vice Commander

Chapter 87: (Dothan) Submitted by Commander Dan Blackman
On 15 August 2019 during our regular Chapter meeting a drawing was held for a long running fund raiser. We purchased a commemorative Henry .22 Long Rifle. We sold tickets for approximately 7 months and received donations in excess of 5K all of which was placed in our Van Account.

The lucky winner for the rifle was Mr. Kelly Walker of Dothan (pictured with Chapter 87 Commander Daniel Blackman and Mr. Kelly Walker).

Thanks to all that supported this chapter fundraiser.

Respectfully

Daniel Blackman
Commander, Chapter 87
Hello Comrades,
Greetings from Alexander City.

I hope this hot summer has been a fun one for all. This past month I attended the National Convention in Orlando, Florida. It was educational, entertaining and inspirational. I had the opportunity to meet and speak with our new National Commander, Stephen “Butch” Whitehead and he has a great plan for the future of our DAV. Also, our Department friend Nancy Espinoza was selected as our National 3rd Junior Vice Commander.

September 30th is fast approaching so get your financial reports in and don’t wait until the last minute. So far everyone has been very responsive with their reports and I thank you.

I have had a lot of questions concerning CSO training and selection of Level 1 and Level 2. Our NSO Supervisor, Mary Stovall-Moore and I sat down and discussed how can we help the CSO’s with their work and how can we better provide understanding of the forms and the appeals process. It was decided to try one person from each chapter be selected to attend the CSO level 2 training and that person would be a “train the trainer”. That means that that CSO would return to his or her chapter and they would share the information with the other CSO’s. My goal is that next year that chapter would send a different CSO to attend the Level 2 training so that all get an opportunity to attend. Now before the commanders decide on who goes to Level 2 training, here is what we came up with and I know it might not please everyone, but we are going to try it:

1. Not only must that CSO have a minimum of 2 years doing CSO work, (in accordance with the Department and Chapter Service Officer Certification Program), but they must have consistently filed with our NSO office. This means you summit the proper forms; they are completed correctly, and you are regularly doing CSO work.

2. The reason for one person per chapter is to allow for a small and a more focused instruction with VA Programs and Regulations, Adjudication, and the Appeals Process. A Commander may submit as many names as he/she wants, however, the final decision on who attends Level 2 training will be made by the NSO Supervisor.

3. Lastly if you are in Level 1 and you have been in Level 1 before, help those who are there for the first time, but don’t be disruptive.

If you can't make the CSO training at our Mid-Winter Conference in January, you have the opportunity to attend CSO training within the MALT as long as you let me know what training you want to attend so that I can ask if they have room for you. It will be up to you to get with your chapter for any reimbursement for your trip.

I hope this clears up a little of the questions I have been getting on the CSO side and of course I’m always open to suggestions.

Finally thank you to all the Commanders and Adjutants for the fast response when I ask and need information.

Respectfully,

Hugo A. Perez
Adjutant
Department of Alabama

29 September 2019
Gold Star Mother’s and Family’s Day
Greetings Comrades,

The State Legislature is still in recess and will be until February, however, things are still moving in the State for veterans. August 15 ended the period for submission of requests for proposal for the 5th State Veterans Home. The State Department of Veterans Affairs and the State Board will be getting busy evaluating these proposals and come up with a final selection of the site for the new home. Stay tuned for more info. Also, a new committee was appointed by Governor Ivy to examine veteran suicides in Alabama and provide recommendations on how to take actions to prevent this tragic action by so many of Alabama’s heroes. The committee is headed by Chapter 26’s MG, USA Ret. Paulette Risher.

On the National level, there are numerous pieces of legislation that the DAV strongly supports. The most recent of these is S.2072, Veterans’ Compensation Cost-of-Living Adjustment Act of 2019. This would authorize a cost-of-living adjustment (COLA) for veterans who receive compensation and pension and for survivors of veterans who receive DIC. It would be at the same rate as Social Security COLA raises. If approved, it would be effective December 1, 2019.

Respectfully,

Charles “Chad” Richmond
Benefits Protection Team Leader

Federal - S 374
Servicemembers and Veterans Empowerment and Support Act of 2019
Support

Federal - HR 1092
Servicemembers and Veterans Empowerment and Support Act of 2019
Support

Federal - S 91
Creating a Reliable Environment for Veterans' Dependents Act of 2019
Support

Federal - HR 713
A bill to amend title 38, United States Code, to provide for the eligibility for beneficiary travel for veterans seeking treatment or care for military sexual trauma in specialized outpatient or residential programs at facilities of the Department of Veterans Affairs, and for other purposes.
Support

Federal - HR 2798
Building Supportive Networks for Women Veterans Act
Support

The National Mid-Winter Conference is coming up February 23-26 in Arlington, VA. You can now register for the hotel and print a copy of the proposed agenda for the conference. It can be found at https://www.dav.org/events/2020-mid-winter-conference/. I would encourage anyone interested in the DAV’s legislative process to attend this event. If you do plan to go, please let me know so I can start working on the teams.

Respectfully,

Charles “Chad” Richmond
Benefits Protection Team Leader

Federal - S 318
VA Newborn Emergency Treatment Act
Support

Federal - S 514
Deborah Sampson Act
Support

Federal - HR 840
Veterans’ Access to Child Care Act
Support

Contact your House Representative

Contact your Senate Representative

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September 14, 2019: 2019 Willie A. Pruitt, POW/MIA, Black and White Banquet

October 19, 2019: Department Commander & Adjutant Training, Montgomery, AL

October 25-26, 2019: Department of Mississippi Mid-Winter Conference, Treasure Bay Casino and Hotel, Biloxi, MS

November 10, 2019: National Veterans Award Reception/Dinner, Sheraton Birmingham, Birmingham, AL

November 11, 2019: Veterans Memorial Service, 8:30 a.m. Cathedral Church of the Advent, Birmingham, AL

November 11, 2019: National Veterans Day Parade, 1:30 p.m. Birmingham Parade Route

November 14-17, 2019: Department of Louisiana Mid-Winter Conference, Hotel Bentley, Alexandria, LA

January 9-12, 2020: Department of Alabama Mid-Winter Conference, Auburn Marriott Opelika Hotel and Conference Center at Grand National, Opelika, AL

January 16-19, 2020: Department of Tennessee Mid-Winter Conference, Doubletree, Murfreesboro, TN


May 14-17, 2020: Department of Louisiana Annual Convention, Hotel Bentley, Alexandria, LA

June 4-7, 2020: Department of Alabama Convention, Auburn Marriott Opelika Hotel and Conference Center at Grand National, Opelika, AL

June 17-21, 2020: Department of Tennessee Convention, Doubletree, Murfreesboro, TN

July 31-August 4, 2020: National Convention, Dallas, TX

July 24-27, 2021: National Convention, Reno, NV

August 5-9, 2022: National Convention, Orlando, FL

August 5-8, 2023: National Convention, Atlantic City, NJ

August 3-6, 2024: National Convention, Phoenix, AZ
Greetings to my DAV Family and Friends,

First, I give Honor and Glory to my Heavenly Father, Thank You LORD!

Yes, Women Veterans has benefits too!

A reminder of what is out there for Women Veterans.

Women Veterans did you know that there have been women serve in the United States Military as early as the Revolutionary War. Since then, women of all ages, ranks, and levels of authority have entered every branch of service, made significant contributions, and suffered the same sacrifices as men. As a woman with military service, you may qualify for a wide range of benefits offered by the Department of Veterans Affairs. VA benefits include disability compensation, pension, education and training, health care, home loans, insurance, vocational rehabilitation and employment, and burial. For more information on how to receive these VA benefits contact your local DAV Chapter in your areas or sent me an e-mail at jonestawanna_dav@aol.com and I will get you in touch with the contact person.

Women Veterans Health Care:

Veteran Affairs Health Care services are also available to help women who experienced military sexual trauma (MST), including free, confidential counseling and treatment for mental and physical health conditions related to MST. You do not need to have a service-connected disability or injury and may be able to receive this benefit even if you are not eligible for other VA care. You do not need to have reported the incidents when they happened or have other documentation that they occurred in order to receive MST services. Just contact your VA Health Center. The VA facility here in the state of Alabama has a designated MST Coordinator who would serves as your contact person for MST-related issues, plus there are Women Veterans Program Manager (WVPM) at the VAMC to advise and advocate for us women veterans. The WVPM are in place to help coordinate any services we may need, from primary care to specialized care for chronic conditions or reproductive health.

VA health care for women Veterans includes:

Primary Care

General care includes health evaluation and counseling, disease prevention, nutrition counseling, weight control, smoking cessation, and substance abuse counseling and treatment as well as gender-specific primary care, e.g., cervical cancer screens (Pap smears), breast cancer screens (mammograms), birth control, preconception counseling, Human Papillomavirus (HPV) vaccine, menopausal support (hormone replacement therapy).

Mental health includes evaluation and assistance for issues such as depression, mood, and anxiety disorders; intimate partner and domestic violence; sexual trauma; elder abuse or neglect; parenting and anger management; marital, caregiver, or family-related stress; and post-
deployment adjustment or post-traumatic stress disorder (PTSD).

**Specialty Care**

Management and screening of chronic conditions includes heart disease, diabetes, cancer, glandular disorders, osteoporosis, and fibromyalgia as well as sexually transmitted diseases such as HIV/AIDS and hepatitis.

Reproductive health care includes maternity care, infertility evaluation and limited treatment; sexual problems, tubal ligation, urinary incontinence, and others. VA is prohibited by legislative authority from providing either in-vitro fertilization or abortion services.

Rehabilitation, homebound, and long-term care. VA referrals are given to those in need of rehabilitation therapies such as physical therapy, occupational therapy, speech-language therapy, exercise therapy, recreational therapy, and vocational.

**Programs for Special Groups**

Special programs provide services for homeless women Veterans, victims of domestic violence, and women Veterans interested in education and training, employment assistance, and vocational rehabilitation. Homebound and long-term care services are available as well, limited to those meeting specific requirements.

Women Veterans the ball is in our court, all we need to do is contact our closest VA facility by call the toll-free number 877-222 VETS (877-222-8387).

Respectfully,

**Tawanna**

“Every day we live is a priceless gift of God. Loaded with Possibilities to learn Something new, to gain Fresh insights”

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**From the Chaplain’s Corner:**

I pray that all is well with you, your family and community. There are many disturbing events going on around us in our community and our nation as a while. If possible be of good courage and let’s continue to pray one for another, our nation and our leaders.

In an unpleasant and suffering world, we are not alone. Hebrews 11:5 – God has promised never to leave or forsake those that love him – He promises to be with us even until the ends of the earth. The promises of God concerning endurance and patience are assured. The assurance of waiting on the Lord is that He shall renew your strength.

A few suggestions:

1. Live in the moment. If you are overwhelmed, don’t worry about the next hour or the next minute; just focus on this moment in time. Look around and concentrate on something positive and allow your positive senses to come alive within you.
2. Explore your spiritual or religious beliefs and hold onto your peace. Your peace is a state of mind. Instead of feeling trapped in your life, accept where you are and appreciate what you have.
3. Desire inner peace more than anything that you have desired before. Believe that you can have it and be open minded to receive it. Don’t allow yourself to be skeptical concerning you having peace.
4. Your life includes a lot of different things; let go of the little things and be content. Be grateful for what you have and stop wishing for the things that you don’t have.
5. Release anger and guilt. These are wasted emotions that make you feel negative. Focus on the positive things in life. Take notice of the people that are there for you and the people that love you. Even in the season of grief you can find inner peace if you would release the hurt, pain and the negative.
6. Believe in yourself. Let go of self-doubt and the fears of life. Follow your dreams and have hope. You can do it… you know that you can.
7. Finally – John 16:33 – a word of encouragement – “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world”.

**Debra H. Varner**

DAV Chaplain, Department of Alabama

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**Department Chaplain**

Debra Varner

Department of Alabama
Hello Everyone,

Hope each of you has had an enjoyable, safe summer. It is still very hot and we need to check on our elderly neighbors and friends to make sure they are safe as well. Don't forget the fun loving, four legged dogs and cats we call friends (children to some). They need just as much care as we do during the hot summer months.

The National Convention in Orlando was very interesting and certainly challenging. I must have walked at least three miles each day. The hotel complex is huge (no understatement there). All in all, it was a very good convention and many changes to the bylaws books. You will definitely need to get new ones this year. Hopefully they will be ready by Fall Conference. The new National Commander is Diane Franz from Florida. Her theme is strength in unity, certainly a true statement. Let's all get behind her and build our units to definitely increase our strength!

Just a reminder to the Unit Commanders that chapter members who are members of the auxiliary that hold elected offices or appointed positions in the chapter DO NOT have a voice or vote in the auxiliary meetings. They DO NOT automatically have a voice just because they are members of the auxiliary. Chapters members who are just members do have a voice and vote in the meetings. This would also hold true if they are Department elected officers or hold an appointed position in the Department as well. This is governed by the National Constitution & Bylaws Article VII, Section 6, Item D, on N-31.

See you at Fall Conference!

Linda P. Doss,
State Commander
DAVA Department of Alabama
Linda P. Doss, State Commander
DAV Department of Alabama Auxiliary

Greetings Comrades,

VA Care Giver Program

Family Caregivers provide crucial support in caring for our Nation’s Veterans by allowing them to stay in the homes and communities they defended, surrounded by the loved ones they fought for. Currently the Program has allowed VA to provide additional support and services to Family Caregivers of eligible Veterans injured in the line of duty on or after September 11, 2001. Under the caregiver program, relatives or friends who care for eligible veterans can receive a stipend, training, access to health insurance, counseling and respite care.

Veteran Eligibility:

1. The Veteran incurred a serious injury in the line of duty, on or after September 11, 2001.
2. Because of the qualifying serious injury, the Veteran requires another person (a Caregiver) to assist the Veteran with the management of personal care functions required in everyday living.
3. The serious injury renders the Veteran in need of personal care services for a minimum of six continuous months.
4. It is in the best interest of the Veteran to participate in the Caregiver Support Program.
5. The Veteran will receive ongoing care from a Patient Aligned Care Team (PACT) or other VA health care team as a requirement for participation in the program.
6. The Veteran agrees to receive ongoing care at home after VA designates a Family Caregiver.
7. Personal care services that would be provided by the Caregiver will not simultaneously be provided through another individual or entity.
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Caregiver Eligibility:

1. The Caregiver must be at least 18 years of age.
2. The Caregiver must be either: The Veteran’s spouse, son, daughter, parent, stepfamily member, or extended family member; or someone who lives with the Veteran full time.
3. Prior to approval, the Caregiver will be provided with training and must be able to demonstrate the ability to assist the Veteran with personal care functions required in everyday living.

June 6, 2019 VA will Expand Eligibility for the Program of Comprehensive Assistance for Family Caregivers

The MISSION Act expands eligibility to eligible Veterans and their caregivers from all eras. Under the law, expansion will begin when VA certifies to Congress that VA has fully implemented a required information technology system. The expansion will occur in two phases beginning with eligible Veterans who incurred a serious injury in the line of duty on or before May 7, 1975, with further expansion beginning two years later.

Application Details:

1. The required application is VA Form 10-10CG; If the Veteran is not currently enrolled in VA health care, both
2. The VA Form 10-10 EZ for VA health services and the application for the Caregiver Program VA Form 1010CG will need to be completed.
3. The application must be completed and signed by both the Veteran and their primary Caregiver.
4. The application can be hand carried to a Caregiver Support Coordinator at a local VA Medical Center (VAMC) for walk-in processing or it may be mailed to:

Family Caregivers Program
Health Eligibility Center
2957 Clairmont Road NE, Suite 200
Atlanta, GA 30329-1647

Caregivers and Veterans can learn about the full range of available support and programs available through the Caregiver Support Program by visiting the Caregivers Support Program website caregiver.va.gov/ or by contacting the Caregiver Support Line toll-free at 1-855-260-3274.

Respectfully,
Mary Stovall-Moore
NSO Supervisor

NSO Hours

VA Regional Office
345 Perry Hill Road
Montgomery, AL 36109

Office: 334-213-3365
Fax: 334-213-5661

NSO Office hours for NSO contact/Interview:
By Appointment: Call office phone
Office hours for telephone calls:
Monday – Friday: 8:00 AM to 4:00 PM

eBenefits Info

Once a decision is rendered in either a claim or an appeal, we will have the opportunity to review the decision prior to your notification. If the decision is in accordance with the law, we will release the decision to the VA and provide you with an unofficial notification by mail. You can track the status of your claim through e-Benefits by signing up at:

Click here for eBenefits.
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11 September 2019
Patriot Day

We shall never forget this day...