

Get an Upgraded Account* with **In-Person Authentication

As a VA patient, an upgraded account gives you access to your self-entered data plus available information from your official VA Electronic Health Record. You can upgrade your My HealtheVet account through In-Person Authentication (IPA).

- 1 Be sure you are registered as a **VA Patient**.
- 2 After you login on the My HealtheVet homepage, select **In-Person Authentication** under **Quick Links**.
- 3 Scroll down to the **My HealtheVet Video** and select the link to watch "It's Quick, Easy and It's for You!"
- 4 Next, on the **In-Person Authentication** page, select the link to the **VA Release Form for In-Person Authentication**.
- 5 Print out **VA Form 10-5345a-MHV**, complete the information, sign it, and bring it to your local VA health care facility. A VA staff member will help you complete your one-time, in-person proofing process to receive your IPA upgraded account.



Important features



Download My Data

Use the VA Blue Button to download, store or print the information in your My HealtheVet account.



VA Prescription Refills

Order your VA prescription refills online.



Secure Messaging*

Communicate non-emergency health-related information with your participating health care team through Secure Messaging.



VA Appointments*

View your scheduled VA Appointments and your appointment history for the past two years.



VA Wellness Reminders*

View your VA Wellness Reminders.



Vitals

Monitor and graph numerous health measures online, such as blood pressure and blood sugar.



Medical Libraries

Access extensive online medical libraries.

* IPA required

Veterans Health Administration
Office of Informatics and Analytics
www.va.gov

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My Health, My Care: 24/7 ^{Online} Access to VA

Online Prescription Refill



Veterans Most Requested
Online Service



Veterans Health Administration
Office of Informatics and Analytics

Refills Without the Wait
Online at
www.myhealth.va.gov



VA Prescription Refills Online

Empowering
Veterans
Improving
Health Outcomes
24/7 Access
to VA Information

VA Patients Who Use the Refill Prescription Option Can:

- ★ View your active VA prescriptions
- ★ Select an active prescription to be refilled
- ★ Have the refills delivered to your home
- ★ Check the status of a refill order anytime, anywhere there is Internet access

All prescription refills ordered through My HealtheVet are delivered by VA's Consolidated Mail Outpatient Pharmacy within 5 to 10 business days.

Refill My VA Prescriptions:

Refill your VA medications anywhere, anytime there is Internet access

Prescription Refill History:

See all the VA medications you refilled using My HealtheVet

My VA Medications & Supplements List:

Self-enter and track all of your non-VA medications, herbals, vitamins and supplements in one safe, secure, and convenient location

My VA Medication List:

View all medications, prescriptions, and supplements from your records at VA Medical Centers

Register for Your VA Personal Health Record



- 1 Type www.myhealth.va.gov in the address bar on your web browser, and then select Enter.
- 2 When the My HealtheVet homepage opens, go to the green box in the right-hand column and select **Register Today! Start Here**.
- 3 When the registration page opens, complete all the information. Under **Relationship to VA**, make sure you select **VA Patient**. Review and accept the My HealtheVet Terms and Conditions and Privacy Policy. Then select the **Save** button at the bottom of the page.
- 4 After you have registered, go to www.myhealth.va.gov again. Then select the **Go to My HealtheVet Enter Here** button at the top right corner of the page.
- 5 When the My HealtheVet homepage opens, enter your **User ID** and **Password** in the **Member Login** box found in the right-hand column, and select **Login**. Bookmark www.myhealth.va.gov for future use.

Register Today!

Start Here


Helpful Resources

www.myhealth.va.gov

www.va.gov

To find a VA facility near you, go to
www.va.gov/directory/guide/allstate.asp
or call 1-877-222-8387.

Register Today!

Start Here 

- 1 Type www.myhealth.va.gov in the address bar on your web browser, and then select Enter.
- 2 When the My HealthVet homepage opens, go to the green box in the right-hand column and select [Register Today! Start Here](#).
- 3 When the registration page opens, complete all the information, and review and accept the [Terms & Conditions](#) and the [Privacy Policy](#) for using My HealthVet. Then select the [Save](#) button at the bottom of the page.
- 4 After you have registered, go to www.myhealth.va.gov again. Then select the [Go to My HealthVet Enter Here](#) button at the top right corner of the page.
- 5 When the My HealthVet homepage opens, enter your [User ID](#) and [Password](#) in the [Member Login](#) box found in the right-hand column, and select Login. Bookmark www.myhealth.va.gov for future use.

Get an Upgraded Account with In-Person Authentication (IPA)

To get the most out of My HealthVet, Veterans are urged to visit their local VA health care facility to get an upgraded account, known as In-Person Authentication (IPA). Before VA patients can refill their VA medications by name, access their VA Wellness Reminders, and participate in the future features of My HealthVet, Veterans need to complete the IPA process (takes approximately 10 minutes) as a security measure. The purpose of the one-time IPA process is to verify the Veteran's identity, in-person. This complies with VA policy and protects Veterans' identities. It's a simple process that will enhance a Veteran's use of My HealthVet and allow access to other features as they become available.

www.myhealth.va.gov VA's Personal Health Record (PHR)

About My HealtheVet

My HealtheVet is VA's award-winning online Personal Health Record (PHR), located at www.myhealth.va.gov. It offers users anywhere, anytime access to health care information, resources and tools online 24/7. To get the most out of your My HealtheVet Personal Health Record, visit your local VA facility to get an upgraded account, known as In-Person Authentication (IPA).

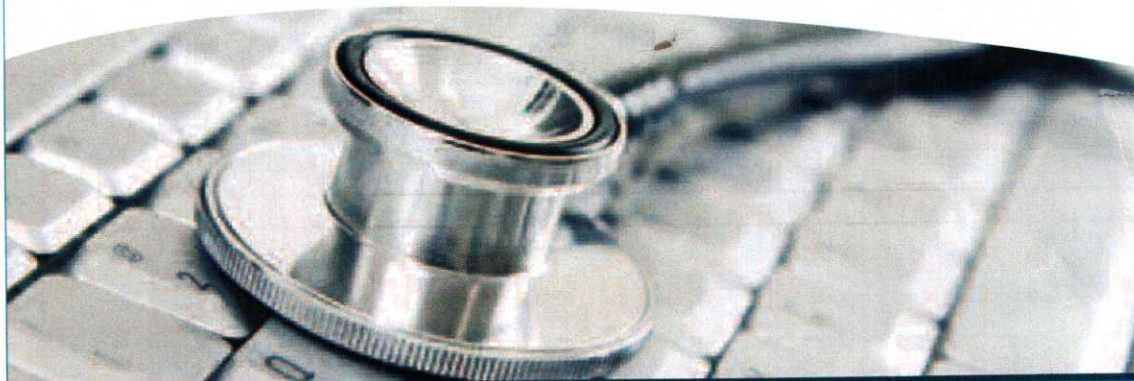
My HealtheVet Mission

The mission of My HealtheVet is to improve health care for all Veterans, independent of where you receive care. My HealtheVet provides one-stop, online access to better manage your overall health, make informed health decisions, and record and store important health and military history information.

My HealtheVet Features at a Glance:

- ▶ VA Prescription Refills
- ▶ VA Wellness Reminders*
- ▶ VA Appointments*
- ▶ Secure Messaging*
- ▶ VA Allergies and Adverse Reactions*
- ▶ VA Chemistry/Hematology*
- ▶ VA Blue Button
- ▶ Healthy Living Centers
- ▶ VA Benefits & Services
- ▶ Personal Health History
- ▶ Tracking & Graphing Vitals
- ▶ Military Health History
- ▶ Activity & Food Journals
- ▶ Trusted Health Information

* Requires In-Person Authentication (IPA)



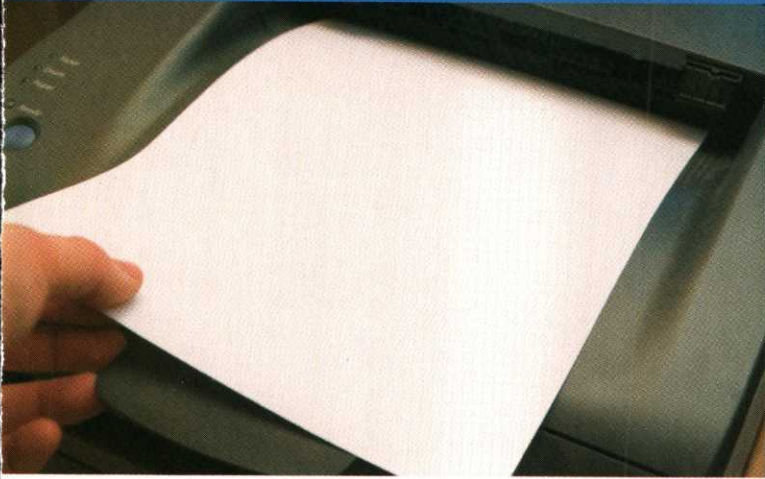


Blue Button Download My Data

How do you use the Blue Button?

- Log on to My HealtheVet (www.myhealth.va.gov).
- Select the **Blue Button**.
- Select the personal health information you want from your My HealtheVet account and click the **Continue** button.
- Select **Download** to have the information saved to a safe location on your computer, a compact disc (CD), or thumb drive.
- Select **View, Print** to see your information and then print it.

The VA Blue Button: – *It's q*



How can you protect your information?

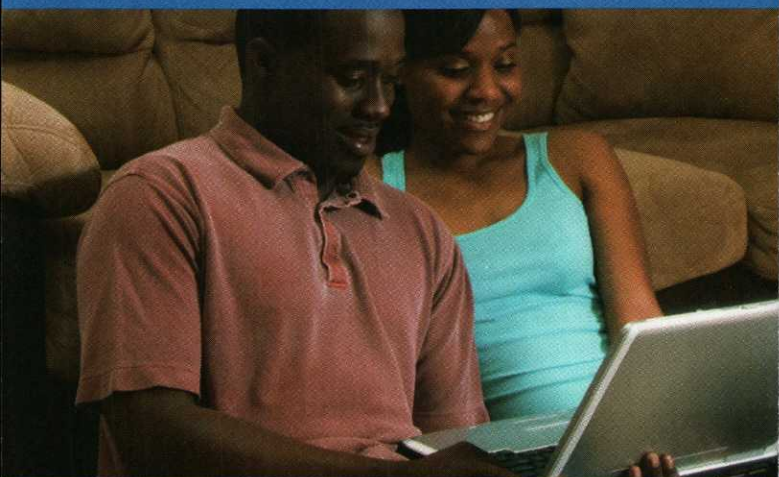
It is important to protect your information. You are responsible for protecting the personal health information you print or download. Safeguard this information the same way you would protect your banking or credit card information.

- Do not leave your printed information on a printer.
- Do not save your downloaded information to a public computer.
- When using a public computer, save your health information to a CD or thumb drive.
- Remember to take the CD or thumb drive with you when you finish.



Veterans Health Administration
Office of Health Information

www.myhealth.va.gov



What is the Blue Button?

The **Blue Button** is a new tool on My HealtheVet (www.myhealth.va.gov). It allows easy access to your personal health information.

You can view, print, download, or save your information already in My HealtheVet. You can also share this information with your health care team, caregivers, or others.

Sharing your personal health information can help you to be an active partner with your health care team. As you partner with your health care team, you may potentially experience:

- Increased satisfaction with health care services.
- Better use of the time you spend with your health care provider.
- Improved patient safety.



Introducing the VA Blue Button

*Select to view, print,
download, or save
your information
from My HealtheVet*

www.myhealth.va.gov



Veterans Health Administration
Office of Health Information

www.va.gov



What information can you view, print, or download using the Blue Button from My HealtheVet?

- Your personal health information you entered in My HealtheVet.
- If you have an upgraded My HealtheVet account, called In-Person Authentication (IPA), you may also get:
 - Your VA prescription history
 - VA Wellness Reminders

Quick, it's easy, and it's for you!

Register for My HealthVet

- 1 Type www.myhealth.va.gov in the address bar on your web browser, and then press **Enter**.
- 2 On the right-hand side of the screen, click the **Register Today** button. Complete the registration page.
- 3 Log into your My HealthVet account and begin to create your Personal Health Record.
- 4 Begin using My HealthVet to access VA health care and services.
- 5 If you are a VA patient, upgrade your account with In-Person Authentication (IPA), and watch the video online. Then visit your local VA facility for your one-time in-person proofing.
- 6 Bookmark www.myhealth.va.gov for future reference.

Why would you want to use the Blue Button?

- The Blue Button helps you share your health information as you choose.
- The Blue Button gives you a way to save your information to a computer, a compact disc (CD), or thumb drive.
- Using the Blue Button can help you *partner* with your health care team to improve your health.
- You may *feel more involved* when you share your health information with members of your health care team.
- Your health care team can give you *safer care* if they know all about your health and health history.