

DAV HAPPENINGS

Cumberland County Chapter #46, Disabled American Veterans, 520 Johnson Street, Fayetteville, NC 28303

Issue Number: 20190901 - September 2019

INSIDE THIS ISSUE:

<i>Nursing Home Barbecue</i>	1
<i>Hurricane Season</i>	1
<i>C and P Exams</i>	2
<i>Chapter Support</i>	2

Quick Points:

- **Next Chapter Meeting:**
Thursday, 24 October 2019—
7:00PM
- **Office Closure Rule:** A simple rule of thumb, if Cumberland County Schools are Closed, the Chapter Office will be Closed.
- **Columbus Day Closure:** We will be closed Monday, 14 October 2019 in observance of Columbus Day, we will reopen on Tuesday, 15 October 2019 at 10:00am
- **Transportation Reduction:** Until further notice transportation on Thursdays and Fridays between the Fayetteville VA Medical Center on Ramsey Street and the Durham VA Medical Center. Is suspended.. This is due to a lack of VA physical exam slots needed to certify drivers.
- **Have an idea for this Newsletter? Do you know someone who would like to receive it? Let us know at:**

chapter46dav@gmail.com

FAYETTEVILLE VAMC BARBECUE

CHAPTER #46 VOLUNTEERS SHARING A MEAL WITH COMRADES



Cumberland County Chapter #46 DAV at the Fayetteville VA Medical Center September 4, 2019

On Wednesday, 4 September 2019, members of DAV Chapter #46 took time out of their busy day to spend some quality time with our honored fellow Veterans at the Fayetteville VA Medical Center on Ramsay Street. Through the efforts of this all volunteer crew a delicious barbecue and salute to the end of the summer season was enjoyed by both the staff and residents of this vital

facility within the Fayetteville VA Medical Center. The center, which is currently undergoing extensive renovations is the hub for VA services in Cumberland County and beyond. Chapter members volunteering included our Commander, Service Officers, Drivers, Office Coordinators and Spouses. The Chapter is always in need for volunteers to help at these events. If you have time to spare,

we can use you. In fact, we try to have volunteers at the State Nursing Home in Fayetteville on the third Tuesday of each month and at the Fayetteville VA Medical Center on the third Thursday of each month to run a friendly Bingo game. We are always in need of van drivers too. If you have the time and want to pitch in, contact the Chapter Office at 520 Johnson Street at (910) 868-2251.

!!! HURRICANE SEASON IS NOT OVER !!!

Are you ready? Earlier this month we had a close call with Hurricane Dorian passing by the Chapter #46 service area with only minimal effect. Don't let that fool you, hurricane season runs all the way thru November. The most important thing you can do as hurricane season approaches is to get yourself, your family & your home prepared. Start early, start now, avoid rushes at stores when hurricane alerts

& warnings are issued. You should stock six basics for your home: Water, Food, First Aid Supplies, Clothing & Bedding, Tools & Emergency supplies, & Special Items. Keep the items you would most likely need during an evacuation in an easy-to carry container. Possible containers include a large, covered trash container, a backpack, or a duffle bag. Also, don't forget to keep a supply of over the counter medicine



on hand, as well as your prescriptions filled and on hand. Keep your cell phone charged & have a plan to survive. Have a plan to evacuate when before it is too late.

**Cumberland County
Chapter #46, DAV**

520 Johnson Street
Fayetteville,
North Carolina 28303

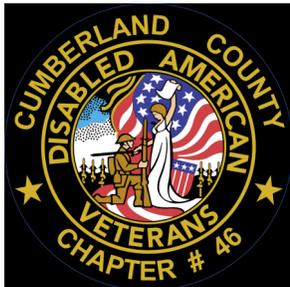
Phone: 910-868-2251
FAX: 910-868-6454

Volunteer Service
Officer's
OFFICE HOURS:
Monday - Thursday
10:00am until 2:00pm

Friday by
Appointment Only



FULFILLING OUR PROMISES
TO THE MEN AND WOMEN WHO SERVED



Monthly Chapter Meetings:

4th Thursday each Month
Dinner/Social Hour: 6:00pm

LIFE MEMBERSHIPS:

May be paid in interest-free installments following a minimum \$40.00 down payment, or as little as \$10.00 per month if you join online with a recurring credit card payment. Age and Amount s;

80 or older:	FREE
71 - 79:	\$140.00
61 - 70:	\$180.00
41 - 60:	\$230.00
40 or younger:	\$250.00

COMPENSATION & PENSION EXAMS, C&P

Many Veterans are concerned about the Compensation and Pension Exams (C&P Exams). These exams are performed by a VA, or contracted physician, in order to determine the current severity of a Veterans condition. They are the key first step toward a Veteran receiving just compensation.

While in most cases only one C&P Exam is needed, several may be required, depending on the individual Veterans condition. If the initial general physician finds a need, they may request additional exams to cover other specialty care areas such as hearing, vision, and orthopedics. It is for this reason that a Comrade must ensure that every condition they have is evaluated. If a veteran has a vision, hearing, dental, or psychiatric condition, the VA is required by law to have specialists conduct the C&P Exam for any of these conditions.

Preparation for C&P Exams is essential, your goal is that the physician established a diagnosis, the nature of your condition and has recorded all the necessary data on a Disability Benefits Questionnaire (DBQ). You



can download DBQ's at <https://www.va.gov/vaforms/>, or contact a Chapter Service Officer for the forms you need. When attending a C&P Exam bring with you a complete medical history of the conditions to be examined, including all doctors' reports & tests. It's better to have the data with you, your examiner may not have seen it yet or may need to review it again based on the exam. Try to be as organized as possible, be short and to the point in your comments and answers. C&P Examining physicians have precious little time to make these examinations, make the most of it! Be proactive, consider visiting <http://www.militarydisabilitymadeeasy.com/index.html> and researching your disabilities. Knowing what

to tell the physician to support your claim is essential in a positive outcome. You must communicate the severity of your condition in terms of how it affects your quality of life, ability to work and perform day to day activities.

You must also be aware that many of the physicians you see at a C&P exams are contracted to conduct these exams and have limited knowledge of you and are pressed to complete as many exams as possible. Communicating to them your issues and concerns in a brief, understandable manner is key. Study your conditions, list your symptoms prepare notes and documentation, enter the engagement with a fully loaded magazine.

SUPPORTING YOUR LOCAL CHAPTER

WE CAN GET BY WITH A LITTLE HELP FROM OUR FRIENDS

It is with deep sadness and gratitude that we accept the contribution of \$25.00, in memory of our late Comrade, Mrs. Carrie S. Wilson. This memoriam and others like it go toward ensuring the Chapter continues to serve your fellow Veterans.

Your Chapter is the largest in North Carolina, serving over 5,000 members and assisting more than 500 Veterans each month. It is a daunting task to manage that work load. Your fellow Veterans volunteer hundreds of hours of their time & energies to fulfill our promises to the

men and women who have served. This kind of support is essential in our community. The demand for services is growing and will continue to grow as the Veterans of Gulf War, Afghanistan and Iraq campaigns age.

We need your support. With a little help from our friends, our members and their friends, we can continue to deliver on our promises. Without that help the realities of maintaining outreach services, transportation and Chapter Service Officer hours will overcome us. In the coming weeks their will be ap-

peals for funding & assistance in raising the funds that are vital to maintaining our aging Chapter home, keeping the lights on, paper in the copier, & toner in the printers. We will search for new & innovative ways to fund our services without always reaching into your pocket.

But we need a little help from our friends, we need a little help from you. Spread the word, share this newsletter. Share your ideas with us, share your time with us, and pitch in. This is your Chapter, are you a member? Or do you just belong?