

# DAV HAPPENINGS

Cumberland County Chapter #46, Disabled American Veterans, 520 Johnson Street, Fayetteville, NC 28303

Issue Number: 20191024 - October 2019

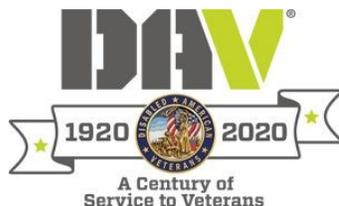
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### Quick Points:

- **Next Chapter Meeting:** Thursday, 23 January 2020—7:00PM
- **Office Closure Rule:** A simple rule of thumb, if Cumberland County Schools are Closed, the Chapter Office will be Closed.
- **Golden Corral Fundraisers:**  
**Phase 1:** Friday to Sunday 25-27 October 2019. **Phase 2:** Friday to Sunday 01-03 November 2019. **Phase 3:** Friday to Monday 08-11 November 2019.
- **Veterans Day Closure:** We will be closed Monday, 11 November 2019 in observance of Veterans Day, we will re-open on Tuesday, 12 November 2019 at 10:00am
- **Thanksgiving Baskets:** 12 Baskets will be distributed on November 21 & 22, 2019. Sign up a needy Vet at the Chapter Office.
- **Thanksgiving Closure:** we will be closed Thursday 28 November 2019 through Sunday 01 December 2019, in observance of Thanksgiving. We will reopen on Monday, 02 December 2019 at 10:00am.
- **Christmas Baskets:** 12 Baskets will be distributed on December 18 & 19, 2019. Sign up a needy Vet at the Chapter Office.
- **No Chapter Meetings:** in November or December of 2019. We encourage our members to enjoy the holiday season to the fullest.
- **Chapter Christmas Party:** Our annual Christmas Party will occur at the Chapter Home on December 14, 2019, at Noon.
- **Have an idea for this Newsletter? Do you know someone who would like to receive it? Let us know at:**  
chapter46dav@gmail.com

## DAV CENTENIAL YEAR APPROACHING



You may not be aware that Friday, 25 September 2020 is 100th Anniversary of the birth of the Disabled American Veterans. In reality we were called The Disabled American Veterans of the World War (DAVWW). Our organization was founded by former Cincinnati Judge Robert S. Marx in 1920. Marx, was a U.S. Army captain and recipient of the Distinguished Service Cross during the First World War. Like many others, he recognized that the nation was ill-equipped and ill prepared to provide the medical care & services that

the more than 200,000 injured & ill returning war veterans needed, had earned and were promised. That was the germination of Fulfilling Our Promises to the Men and Women who Served.

Our ranks grew from a great many loosely federated groups & societies of like minded Veterans that quickly banded together under the organization of the DAVWW. Since that time our organization has tallied up some impressive statistics that prove our dedication to our fellow Veterans. We have more than 1 Million members in our ranks, those members have reached out to countless other Veterans to provide, support, guidance and a helping hand when needed. In the year 2018 alone, the DAV helped

over 1 Million Veterans and their families. That help resulted in more than 20 Billion dollars in benefits received by a whopping 212,640 claimants. Add to that 625,000 Veterans transported to medical appointments & you can see that this organization has a real positive impact on a Veterans quality of life. The DAV continues the fight to make medical care, employment, education & other earned benefits accessible to all of America's 4 Million disabled Veterans.

Today, just as they did 100years ago, Veterans still need our help, your help. Their service has secured the right to participate in the American Dream for generations to come. They helped to defend us, & we will continue our work to help make that promise possible well into the future.

## DAV RECRUIT MILITARY JOB FAIR 6&7 NOV

The DAV®/Recruit Military® Job Fair will be held at the Iron Mike Fort Bragg Conference & Catering Center, 2658 Reilly Road, Fort Bragg on Wednesday & Thursday, November 6th and 7th, 2019. This is a hiring event, more than 120 job offers are expected to be made at the event and still more following the

event. This is a free event open to military personnel, both active and reserve component, Veterans and spouses. The event will be active between 11:00am and 3:00pm. So far 58 companies and exhibitors are registered to attend the event. Among those exhibitors there are more than 7,500 job openings avail-

able to job seekers. Interested parties should visit; <https://success.recruitmilitary.com/events/job-fair-at-fort-bragg-november-6-2019> for more detailed information. The event is on Fort Bragg so those wishing to attend must show a current state issued drivers license/id, passport or military identification card to enter.

**Cumberland County  
Chapter #46, DAV**

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Fayetteville,  
North Carolina 28303

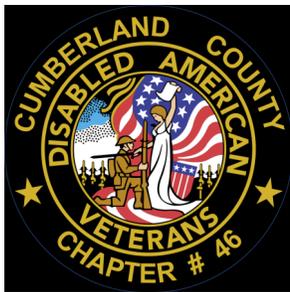
Phone: 910-868-2251  
FAX: 910-868-6454

Volunteer Service  
Officer's  
**OFFICE HOURS:**  
Monday - Thursday  
10:00am until 2:00pm

Friday by  
Appointment Only



**FULFILLING OUR PROMISES**  
TO THE MEN AND WOMEN WHO SERVED



**Monthly Chapter Meetings:**

4th Thursday each Month  
Dinner/Social Hour: 6:00pm

**LIFE MEMBERSHIPS:**

May be paid in interest-free installments following a minimum \$40.00 down payment, or as little as \$10.00 per month if you join online with a recurring credit card payment. Age and Amount s;

80 or older:	FREE
71 - 79:	\$140.00
61 - 70:	\$180.00
41 - 60:	\$230.00
40 or younger:	\$250.00

# TARGET YOUR ANGER WITH AIMS APP

## ANGER AND IRRITABILITY MANAGEMENT SKILLS (AIMS)

Many of us who served in our nations armed forces have learned to cultivate what can best be described as explosive anger. We have developed an ability to go from calm, cool and collected to laser guided, in your face, fire breathing dragon in the blink of an eye. While such abilities can be valuable on the battlefield & certain other military situations, they are rarely valuable when we leave service.

When we leave service, these abilities are very detrimental & become challenges that can alienate us from our friends, families and co-workers. Left unchecked, anger issues can turn a promising post service life into a living nightmare.

Luckily, the VA has tools



to help Veterans deal with anger issues. One such tool is the AIMS APP for your Smart Phone. Available through Apple's APP Store and Google Play, the Anger & Irritability Management Skills (AIMS) application can help.

AIMS was designed by the VA's National Center for PTSD & VA's Mental Health Services for Veterans & military Service members but can be used by anyone coping with an-

ger problems. The app provides users with education about anger, opportunities for finding support, the ability to create an anger management plan, anger tracking, & tools to help manage angry reactions. Users can also create custom tools based on their preferences, & can integrate their own contacts, photos, and music. The AIMS app may be used alone, or in combination with the online course or in-person therapy.

# LEROY'S THANKSGIVING MESSAGE

WE HAVE MUCH TO BE THANKFUL FOR

As the Commander of Cumberland County Chapter #46 Disabled American Veterans, I am pleased to tell you that as we approach our national day of Thanksgiving, we have much to be thankful for. In a time of political & social strife, when it seems there are so many things to tear us apart from one another, we have our shared association with the best that our society has to offer, the men and women who have served. We as Veterans learned to trust in those who stood to our right and left. We had no time for thoughts of politics, race, creed, or any of the many, many qualifiers and dividers that we label ourselves with. We had a higher call-

ing, a calling to serve our fellow man. We all took an oath, and pledged our loyalty, just as our forefathers pledged their lives, their fortunes and their sacred honor. That oath has no expiration date. We continue to adhere to it each and everyday. Our Chapter Members still sacrifice for that higher calling, and for that we should all be thankful. I for one am thankful for the office coordinators, drivers and service officers that give of their time, knowledge and abilities. I am thankful for the ladies that support our every meeting, serving, cooking and cleaning so that we can enjoy a good meal together. I am thankful for the Executive Com-

mittee and the leadership they show. Speaking of leadership, I am thankful for the leadership shown by our State Commander, our own Linda Gibson. And I hope you all know that I am thankful for all of my comrades who support our efforts at the Golden Corral and the Commissaries to support our chapters needs. And let's not forget the great work our members put forth supporting the Ramsey Street VA Hospital with Bingo games and barbecues. Most of all, I want you to know I am thankful for your support.

