

# Avery Veteran's Corner

✍ By Mike Halus Special to The AJT

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## Top 10 Overlooked Compensable Disabilities

**1. Erectile Dysfunction** – Erectile dysfunction, or ED, is the inability of a man to have an erection hard enough to have sexual intercourse.

**2. Agoraphobia** – The essential feature of Agoraphobia is anxiety about being in (or anticipating) situations from which escape might be difficult or in which help may not be available in the event of having a Panic Attack (or panic-like symptoms).

Agoraphobic fears typically involve characteristic clusters of situations that include being outside the home alone; being in a crowd or standing in a line; being on a bridge; and traveling in a bus, train, or automobile.

**3. Keloids** – A scar that rises quite abruptly above the rest of the skin. It is irregularly shaped, usually pink to red in color, tends to enlarge progressively, and may be harder than the surrounding skin. Keloids are a response to trauma, such as a cut to the skin.

### 4. Sexually Transmitted Diseases

**5. Pseudofolliculitis Barbae** – a common condition of the beard area occurring in men and other people with curly hair. The problem results when highly curved hairs grow back into the skin causing inflammation and a foreign body reaction.

**6. Plantar Fasciitis** – Plantar fasciitis is the pain caused by inflammation of the insertion of the plantar fascia on the medial process of the calcaneal tuberosity. The pain may be substantial, resulting in the alteration of daily activities

**7. Pleurisy** – Pleurisy is inflammation of the parietal pleura that typically results in characteristic pleuritic pain and has a variety of possible causes.

**8. Tropical Phagedena (Jungle Rot)** – tropical phagedena, Aden ulcer, Malabar ulcer, and jungle rot (from Vietnam) , as well as various native terms. It occurs on exposed parts of the body, primarily the legs, arms, and feet.

**9. Hemorrhoids** – Hemorrhoids are swollen and inflamed veins around the anus or in the lower rectum. The rectum is the last part of the large intestine leading to the anus.

**10. Sleep Terror Disorder** — Sleep terror disorder is also known as night terrors. Sleep terror is characterized by the following symptoms that a mental health professional looks for when making a diagnosis for this condition:

- Recurrent episodes of abrupt awakening from sleep, usually occurring during the first third of the major sleep episode and beginning with a panicky scream.
- Intense fear and signs of autonomic arousal, such as tachycardia, rapid breathing, and sweating, during each episode.

For Internet assistance, go to your local county library.

For questions concerning veteran's benefits and to obtain needed forms call Georgia Henry, Avery County Veterans Service Office, at (828) 733-8211.

Comments and suggestions on the Veterans' Corner or Disabled American Veterans can be emailed to Mike Halus at [averycountyveterans@gmail.com](mailto:averycountyveterans@gmail.com) or call (828) 260-0620.