

The following offers discounts for veterans, senior citizens or both. (age requirement is for seniors in brackets) To get the discounts, you have to ask for it.

RESTAURANTS

- Applebee's: 15% off with Golden Apple Card (60+)
- Arby's: 10% off (55+)
- Ben & Jerry's: 10% off (60+)
- Bennigan's: discount varies by location (60+)
- Boston Market: 10% off (65+)
- Burger King: 10% off (60+)
- Chick-Fil-A: 10% off or free small drink or coffee (55+)
- Chili's: 10% off (55+)
- CiCi's Pizza: 10% discount for veterans and (60+)
- Denny's: 10% off, 20% off for AARP members (55+)
- Dunkin' Donuts: 10% off or free coffee (55+)
- Einstein's Bagels: 10% off baker's dozen of bagels (60+)
- Fuddrucker's: 10% off any senior platter (55+)
- Gatti's Pizza: 10% off (60+)
- Golden Corral: 10% off (60+) Veterans eat free on veteran's day
- Hardee's: \$0.33 beverages everyday (65+)
- IHOP: 10% off (55+)
- Jack in the Box: up to 20% off (55+)
- KFC: free small drink with any meal (55+)
- Krispy Kreme: 10% off (50+)
- Long John Silver's: various discounts at locations (55+)
- McDonald's: discounts on coffee everyday (55+)
- Mimi's Café: veterans get 10%
- Mrs. Fields: 10% off at participating locations (60+)
- Shoney's: 10% off Sonic: 10% off or free beverage (60+)
- Steak 'n Shake: 10% off every Monday & Tuesday (50+)
- Subway: 10% off (60+)
- Sweet Tomatoes: 10% off (62+)
- Taco Bell: 5% off; free beverages for seniors (65+)
- TCBY: 10% off (55+)
- Tea Room Café: 10% off (50+)
- Village Inn: 10% off (60+)
- Waffle House: 10% off every Monday (60+) Some workers tell me veterans get a discount but some say they don't
- Wendy's: 10% off (55+)

- White Castle: 10% off (62+)

RETAIL & APPAREL::

- Banana Republic: 30% off (50+)
- Bealls: 20% off first Tuesday of each month (50+)
- Belk's: 15% off first Tuesday of every month (55+)
- Big Lots: 30% off
- Bon-Ton Department Stores: 15% off on senior discount days (55+)
- C.J. Banks: 10% off every Wednesday (50+)
- Clarks: 10% off (62+)
- Dress Barn: 20% off (55+)
- Goodwill: 10% off one day a week (date varies by location but Hendersonville store gave the 10% all the time so can vary) This is for veterans also
- Hallmark: 10% off one day a week (date varies by location)
- Kmart: 40% off (Wednesdays only) (50+)
- Kohl's: 15% off (60+)
- Modell's Sporting Goods: 30% off
- Rite Aid: 10% off on Tuesdays & 10% off prescriptions
- Ross Stores: 10% off every Tuesday 55+)
- The Salvation Army thrift Stores: up to 50% off (55+)
- Stein Mart: 20% off red dot/clearance items first Monday of every month (55+)
- Home Depot gives 10% to veterans (ID required. VA ID will work)
- Lowes gives 10% to veterans (ID required. VA ID will work)

GROCERY:

- Albertson's: 10% off first Wednesday of each month (55+)
- American Discount Stores: 10% off every Monday (50+)
- Compare Foods Supermarket: 10% off every Wednesday (60+)
- DeCicco Family Market: 10% off every Wednesday (60+)
- Food Lion: 60% off every Monday (60+)
- Fry's Supermarket: Free Fry's VIP Club Membership & 10% off every Monday (55+)
- Great Valu Food Store: 5% off every Tuesday (60+)
- Gristedes Super Market: 10% off every Tuesday (60+)
- Harris Teeter: 5% off every Tuesday (60+)
- Hy-Vee: 5% off one day a week (date varies by store)
- Kroger: 10% off (date varies by location)
- Morton Williams Supermarket: 5% off every Tuesday (60+)
- The Plant Shed: 10% off every Tuesday (50+)

- Publix: 5% off every Wednesday (60+)
- Rogers Marketplace: 5% off every Thursday (60+)
- Unble Guiseppe's Marketplace: 15% off (62+)

TRAVEL:

- Airlines:
 - Alaska Airlines: 50% off (65+)
 - American Airlines: various discounts for 50% off non-peak periods (Tuesdays-Thursdays)(62+) and up (call before booking for discount)
 - Continental Airlines: No initiation fee for Continental Presidents Club and special fares for select destinations
 - Southwest Airlines: various discounts for ages 65 and up (call before booking for discount)
 - United Airlines: various discounts for ages 65 and up (call before booking for discount)
 - U.S. Airways: various discounts for ages 65 and up (call before booking for discount)
- Rail:
 - Amtrak: 15% off (62+)
- Bus:
 - Greyhound: 15% off (62+)
 - Trailways Transportation System: various discounts for ages 50+
- Car Rental:
 - Alamo Car Rental: up to 25% off for AARP members
 - Avis: up to 25% off for AARP members
 - Budget Rental Cars: 40% off; up to 50% off for AARP members (50+)
 - Dollar Rent-A –Car: 10% off (50+)
 - Enterprise Rent-A-Car: 5% off for AARP members
 - National Rent-A-Car: up to 30% off for AARP members

Overnight Accommodations (Many of these give military discounts)

- Holiday Inn: 20-40% off depending on location (62+)
- Best Western: 40% off (55+)
- Cambria Suites: 20%-30% off (60+)
- Waldorf Astoria – NYC \$5,000 off nightly rate for Presidential Suite (55+)
- Clarion Motels: 20% -30% off (60+)
- Comfort Inn: 20% -30% off (60+)
- Comfort Suites: 20%-30% off (60+)
- Econo Lodge: 40% off (60+)
- Hampton Inn & Suites: 40% off when booked 72 hours in advance

- Hyatt Hotels: 25%-50% off (62+)
- InterContinental Hotels Group: various discounts at all hotels (65+)
- Mainstay Suites: 10% off with Mature Traveler's Discount (50+); 20%-30% off (60+)
- Marriott Hotels: 25% off (62+)
- Motel 6: Stay Free Sunday nights (60+)
- Myrtle Beach Resort: 30% off (55+)
- Quality Inn: 40% - 50% off (60+)
- Roadway Inn: 20%-30% off (60+)
- Sleep Inn: 40% off (60+)

ACTIVITIES AND ENTERTAINMENT

- AMC Theaters: up to 30% off (55+)
- Bally total Fitness: \$100 off memberships (62+)
- Busch gardens Tampa, FL: \$13 off one-day tickets (50+)
- Carmike Cinemas: 35% off (65+)
- Cinemark/Century Theaters: up to 35% off
- Message Envy – NYC 20% off all “Happy Endings (62+)
- U.S. National Parks: \$10 lifetime pass; 50% off additional services including camping (62+) disabled vets get a discount here too but don't remember the specifics
- Regal Cinemas: 50% off Ripley's Believe it or Not: @ off one-day ticket (55+)
- SeaWorld, Orlando, FL: \$3 off one-day tickets (50+)

CELL PHONE DISCOUNTS

- AT&T: Special Senior Nation 200 Plan \$19.99/month (65+)
- Jitterbug: \$10/month cell phone service (50+)
- Verizon Wireless: Verizon Nationwide 65 Plus Plan \$29.99/month (65+)

MISCELLANEOUS

- Great Clips: \$8 off hair cuts (60+)
- Supercuts: \$8 off haircuts (60+)

Remember you have to ask for the discount!

