



**FULLFILLING OUR PROMISES**  
TO THE MEN AND WOMEN WHO SERVED

# CHAPTER NEWS

## Snohomish County Chapter #13

### *Meeting & Activity January—February— March Schedule*

- Meeting January 3rd 7:00 pm
- E-board Meeting 7:00 January 31st
- Meeting February 7th 7:00 pm
- No E-Board Meeting February
- Meeting March 2nd 7:00 pm
- 4th Annual Winter Blah Bowling Tournament March 12th 1:30 –5:00
- E-Board Meeting 7:00 March 28th

## *Your Officers for 2016-2017 Year*

Commander—Gregg Michael  
 Sr.-Vice Commander—Mike Palomino  
 Jr. Vice Commander—Rich Daves  
 Chaplain—William Stillwell  
 Adjutant—Linda Palomino  
 Treasurer—John Ostler  
 Sgt-at-Arms— Tom Winter  
 Officer of Day— Howard Schoenfeld

### *Service Officers*

Paul Russo  
 Barney Oldfield  
 Mike Riley  
 Suz Aufderhaar  
 Non-certified Assistant Service Officer  
 Don Whedon

### Our Purpose of Publication

The reason this newsletter, which is a bi-monthly publication, (except for our summer schedule which is published May-June-July ) is to keep our membership and local veterans and active duty personnel informed and active. We minimize the expense of doing this publication by allowing advertising and having focused subject areas. Plus, if you have selected an emailed bulletin you will no longer get it via postal mail.

### Commander's Message

Hello Comrades:

We have had a super busy fall. In October we attended the Dept. Of Washington fall conference which was the same old, let's meet and do nothing meeting. "SAD!" It was attended by the your commander and adjutant and our service officers.

In November we did our annual "Forget-me-not", drive at QFC on Veterans weekend and on the 14th did our 1st Golden Corral drive and all were highly successful.

December brought our 1st Chapter Christmas party at the Lynnwood Eagles and was a great success with over 30+ attendees. Gil did a great raffle again.

We presented a artificial Christmas tree to the VA for their lobby that was also donated by our neighborhood "Home Depot" in Everett. Thanks folks!

On Christmas day we had a group lead by Gary W. go to VA on Christmas day and give out presents to hospitalized veterans.

2016 was a great success for our chapter, let's make 2017 look even better!



Gregg Michael, Commander

# January 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 New Years Day	2	3 6:00 pm Service, 7:00 pm Meeting	4	5	6	7
8	9	10	11	12	13	14
15	16 Martin Luther King Day	17	18	19	20 Inauguration Day	21 Veterans Claims Seminar 8:30- 4:00 Lynnwood
22	23	24	25	26 National Spouses Day	27	28
29	30	31 E-Board 7:00 pm				

# February 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Ground Hog Day	3	4
5 Super Bowl	6	7 6:00 pm Service, 7:00 pm Meeting	8	9	10	11
12	13	14 Valentine's Day 	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

Mid-Winter DAV Conference, Arlington, VA

# March 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 DAV Mid-Winter Conference	2	3	4
5	6	7 6:00 pm Service, 7:00 pm Meeting	8	9	10	11
12 Winter Blah IV Bowling	13	14	15	16	17 St. Patrick's Day	18
19	20 1st Day of Spring	21	22	23	24	25
26	27	28 E-Board 7:00 pm	29	30	31	



A JOINT MESSAGE FROM

**DAV and the DAV Auxiliary**

DAV is pleased that there will be a reduction in copayments for many service-connected veterans in accordance with DAV Resolution No. 135.

VA issued final regulations set to take effect February 27, 2017, changing VA's current copayments structure for each 30-day or less supply of medication and how future year copayment amounts and annual caps are calculated.

Veterans who are currently exempt from medication copayments remain exempt, including but not limited to, a veteran with a service-connected disability rated 50 percent or more, medication for a service-connected disability, and a former prisoner of war.

Currently, Priority Group (PG) 2-6 veterans must pay \$8 for each 30-day or less supply of medication and PG 7-8 veterans must pay \$9. Under the new rule, VA will essentially assign three categories for medication and associated copayments:

Tier 1 - preferred generics - \$5 copayment for 30-day supply;

Tier 2 - non-preferred generics - \$8 copayment for 30-day supply; and

Tier 3 - brand name drugs - \$11 for 30-day supply.

In addition, current copayment costs for veterans in PG 2-6 is limited to a \$960 annual copayment cap and PG 7-8 veterans have no protections afforded by a cap. Under the new rule, VA will reduce the annual copayment cap to \$700 for all veterans, including PG 7-8 veterans, who are required to pay medication copayments.

It is estimated that a large majority of veterans will encounter no cost increase, or will realize savings, while a small percentage of veterans-veterans who only fill Tier 3 medications-may experience a small increase in medication copayments. Based on a comparison of the current and proposed copayment amounts, VA anticipates that most veterans would realize between a 10 and 50 percent reduction in their annual pharmacy copayment costs. VA also estimates, 94 percent of copayment eligible veterans will experience no cost increase, and 80 percent will realize a savings of between \$1 and \$4 per 30-day supply of medications.

For more information, please [click here](#).

Click the link below to log in and send your message:

## **Snohomish County Veterans Assistance Program**

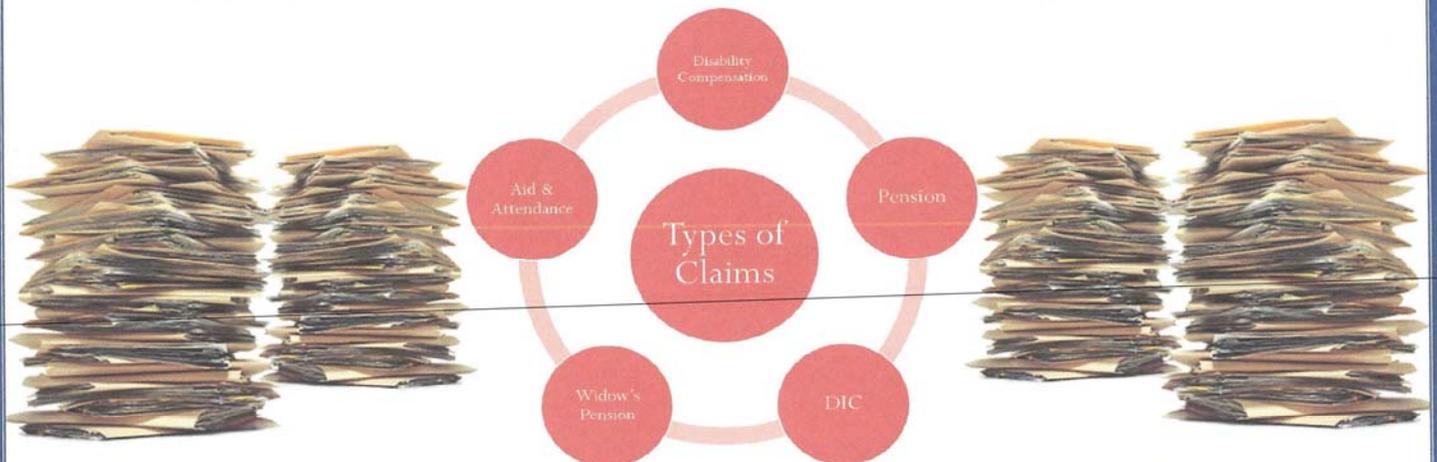
### **Veterans Claims Seminar**

**January 24, 2017**

**8:30 – 12:00 Session #1**

**12:30 – 4:00 Session #2**

**Verdant Wellness Center – 4710 - 196<sup>th</sup> St. SW, Lynnwood WA**



**Our target audience is case managers, caseworkers, DSHS staff, senior center staff, veteran service officers, members of veterans service organizations, or anyone else looking to learn how the veterans claims system works.**

**Seminar is limited to 30 participants, so please sign up early.**

**Direct any questions to Jerry Gadek, (425) 388-7367**

**RSVP is required to Constance Franks, (425) 388-7262**

### **Start Thinking About Officer and Committee Members**

Members we will be holding the nominations for our 2017-2018 Officer Positions at the April 2017 meeting.

Officer positions are all up for grabs!

Please go to [DAV.org](http://DAV.org) to see the job description for each position.

We are the most active Chapter in the Department of Washington and we need to continue to be the best of the best.

We will have a van soon and will need volunteer drivers.

If you are interested in a position please get your bio and info submitted to [info@snohomishcountydav13.com](mailto:info@snohomishcountydav13.com) so it can get published in time for the April/May newsletter.

**DAV 2017 Mid-Winter Conference  
Commanders and Adjutants Association Meeting  
Crystal Gateway Marriott, Arlington, VA  
February 26-March 1, 2017**

*Tentative as of 11/14/16: subject to change*

<b><u>Schedule of Events</u></b>	<b><u>Room</u></b>	<b><u>Time</u></b>
<b><u>Saturday, 2/25/17</u></b>		
DAV HQ Office	Alexandria Room	9am-4pm
Registration	Grand Registration Desk	8am-4pm
<b><u>Sunday, 2/26/17</u></b>		
DAV HQ Office	Alexandria Room	9am-4pm
Registration	Grand Registration Desk	8am-12pm
Business Session	Salons A-B-J-K	9am-12pm
Benefits Protection/ Legislative Workshop	Salons A-B-J-K	1pm-3pm
Membership Workshop	Salons A-B-J-K	3:15pm-4:15pm
<b><u>Monday, 2/27/17</u></b>		
DAV HQ Office	Alexandria Room	8am-4pm
VA Health Fair	Salon C	9am-4pm
Service Workshop	Salons A-B-J-K	8:45am-10:15am
Voluntary Services Workshop	Salons A-B-J-K	10:30am-11:30am
Inspector General Workshop	Salons A-B-J-K	12:45pm-1:45pm
Employment Workshop	Salons A-B-J-K	2:00pm-3:00pm
Communications Workshop	Salons A-B-J-K	3:15pm-4:15pm
Social Networking Workshop	Salons A-B-J-K	4:15pm-5:15pm
<b><u>Tuesday, 2/28/17</u></b>		
DAV HQ Office	Alexandria Room	8am-4pm
DAV National Service Foundation	Salons A-B	9am
DAV Charitable Service Trust	Salons A-B	Immediately following National Service Foundation
Disabled Veterans Life Memorial Foundation	Salons A-B	Immediately following Charitable Service Trust
National Commander Presentation to Joint House & Senate Veterans' Affairs Committee	*Building TBD Capitol Hill	TBD
National Commanders Reception	Salons 4-6	6:30pm-8:30pm
<b><u>Wednesday, 3/1/17</u></b>		
DAV National Board of Directors	Salons 1-2	9am
DAV National Executive Committee	Salon 3	Immediately following Board Meeting

*\*This meeting is held outside the Crystal Gateway Marriott, on Capitol Hill*



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## Camp Corral Fact Sheet



### About

The vision behind Camp Corral is one where kids, ages 8 to 15, are free to be kids, far away from the day-to-day challenges they face as military children coping with change and loss. The reality of a parent being deployed away from home for over a year is the norm for children from military families. And for 87 percent of Camp Corral's campers, a parent coming back injured, disabled or not coming back at all is their reality. Over 80 percent of campers come from veteran families, where resources are even more limited. Camp Corral is making a positive impact on these children and their families by fostering a positive change in the children's lives. Camp is not just a fun week away from home; it gives them the opportunity to build supportive relationships with others in similar circumstances, be challenged by new adventures, grow in their independence, and build resilience, all while enjoying "the week of a lifetime."

### Mission

Camp Corral is strengthening military families, one child at a time. The mission of Camp Corral is to transform the lives of the children of wounded, disabled, and fallen military heroes by providing a unique summer camp experience. Since its founding in 2011 as a one-camp pilot program, Camp Corral has grown over 700 percent. Over 10,000 children have been served and the program has expanded to 21 camps in 19 states. During the 2015 camping season, over 3,300 military children were able to attend camp free of charge.

### Origin

In 2010, Golden Corral founder James Maynard and his daughter Easter began working with their team to explore ways that they could serve those who have served us, and provide something meaningful for military families. Golden Corral has a long history of honoring the military and veterans organizations; therefore, supporting the children of military families was a natural extension of the company's existing efforts. In 2011, Camp Corral opened as a pilot, one-camp program.

### Funding

Camp Corral is a 501(c)(3) tax-exempt, non-profit corporation and relies on donations to fund its camp program and operational costs. Golden Corral is the founding sponsor of Camp Corral and continues to generously support the organization through its in-store fundraising campaign each April and May. To ensure that Camp Corral can continue to expand and serve even more military families, the organization depends on other sources of support. To make a donation, visit [www.campcorral.org](http://www.campcorral.org) or mail donations to Camp Corral, 801 N. West Street, Raleigh, NC 27603. To inquire about donation or sponsorship opportunities, please email [donate@campcorral.org](mailto:donate@campcorral.org).

### Official Partners

Disabled American Veterans (DAV), the nation's largest nonprofit charity for veterans, is a longstanding supporter and the signature partner of Camp Corral. DAV's support is allowing Camp Corral to serve even more military children. Gary Sinise, distinguished actor, director and longtime advocate for the military and DAV, supports Camp Corral and has recorded a public service announcement to air during April and May of each year. To view the PSA, visit [www.campcorral.org](http://www.campcorral.org). Former UNC All-American basketball player and NBA All-Star Antawn Jamison also supports Camp Corral, serving as a spokesman to help raise awareness of the organization and its programs. Jamison has offered 15 Camp Corral campers the opportunity to attend his 2016 All-Star Basketball Camp, free of charge.

### Headquarters

Camp Corral  
801 N. West Street  
Raleigh, NC 27603

### Media Contact:

Marissa Pierre, RLF Communications  
336.553.1706  
[mpierre@rlfcommunications.com](mailto:mpierre@rlfcommunications.com)



## MORE BENEFITS FOR VETERANS

**We are proud to serve those who served our nation!**

Concerto Health providers are changing healthcare for good. In addition to your VA benefits, we create a complete care plan, providing real-time, personalized support, and we have a clinic near you!

### **Our Services Include:**<sup>1</sup>

- Same day, primary care doctor appointments
- Care at your home, in our Care Centers, in the hospital or at a nursing home
- 24/7 access to care coordination
- On-site lab testing
- Dental & Vision benefits
- Transportation assistance



**ConcertoHealth**<sup>®</sup>

<sup>1</sup>Services offered may vary by insurance carrier or eligibility.

<sup>2</sup>Gift cards paid for by Concerto Health.  
For new patients only.

**Tour one of our Care Centers, and receive a \$10 gift card.**



**Call us today to find out if you qualify: 425-998-3523**

**Comrades in arms,**

**December was a great month. We now have over 500 members in our chapter!**

**Many of us attended the annual Christmas party and enjoyed the great food provided by the Eagles. Some of us then gathered early Christmas morning to distribute gifts to those brother and sister veterans that unfortunately had to spend Christmas in the VA hospital.**

**I know firsthand what a boost it is to have someone visit on those holidays when it feels like the hospital just shuts down.**

**Looking forward into 2017 we have the fourth annual bowling party coming up in March. This fun event is a chance for the whole family to come out and enjoy the comradeship of your fellow veterans and help celebrate the end of the winter season.**

**You can get more information on our Department page at [www.davmembersportal.org/chapters/wa/13/](http://www.davmembersportal.org/chapters/wa/13/) or our Facebook page at [www.facebook.com/DAVsnohomish13](http://www.facebook.com/DAVsnohomish13) .**

**Come enjoy the day with us!**

**Rich Davies**

**1st Junior-Vice Commander**

**Greetings brothers and sisters I hope you are staying warm out there and have had a great Thanksgiving and looking forward to a good Christmas.**

**I am sure all of you enjoyed the Christmas party and the association with your fellow Veterans. If you have not gotten your flu shot now is the time as the winter months are coming in so you can stay healthy. Let's look forward to a great year of 2017 and keep reaching a hand of friendship out to other Veterans.**

**Until next time may "GOD" keep you and bless you, and report any sickness or deaths to your Chaplain!!!!**

**Everybody pray for Gil Loomis to get well quickly!**

**Chaplain**

**Bill Stillwell**

**206-351-2301**



Handing out Christmas Gifts at the VA Hospital December 25th, 2016

Join Us!

## Service Officer Report

2016 Service Claims year:

Our team of DAV Service Officers processed and submitted 105 claims to DAV NSO personnel in Seattle.

Great work from our team of Chapter 13 Service Officers.

JOB WELL DOWN!

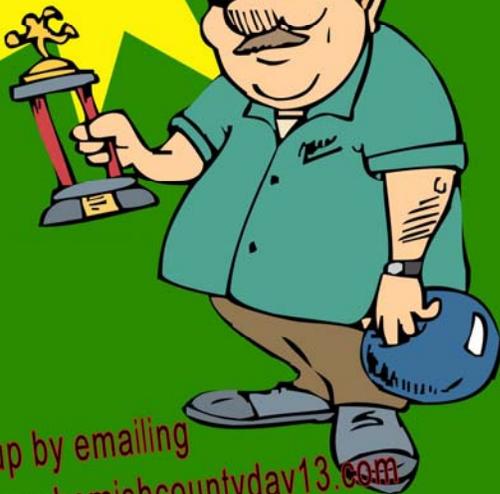
Effective January 1st, 2017 till May 2017 we will be conducting a service officer contest as well.

1 thru 5 claims in a week—\$25 Fred Meyer Gift Card

1 thru 10 claims in a week—2@ Fred Meyer \$25 gift cards

LET'S BEAT OUR SERVICE CLAIMS IN 2016 !

Deadline for  
Sign-up  
March 1, 2017

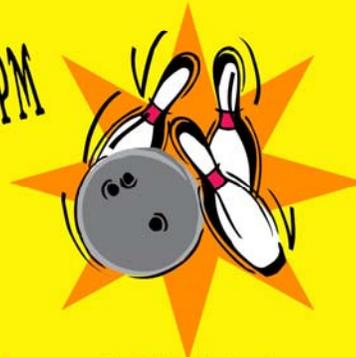


Sign-up by emailing  
[info@snohomishcountydav13.com](mailto:info@snohomishcountydav13.com)  
or respond on Face Book pages for  
Lynnwood Eagles, Cascade Renegade  
Riders or Snohomish County DAV 13  
or call 425-299-3373

Glacier Lanes Bowling Alley 9630 Evergreen Way, Everett, WA 98204

## Snohomish County DAV Cascade Renegade Riders Lynnwood 2888 Eagles

Sign-In 12:30 PM

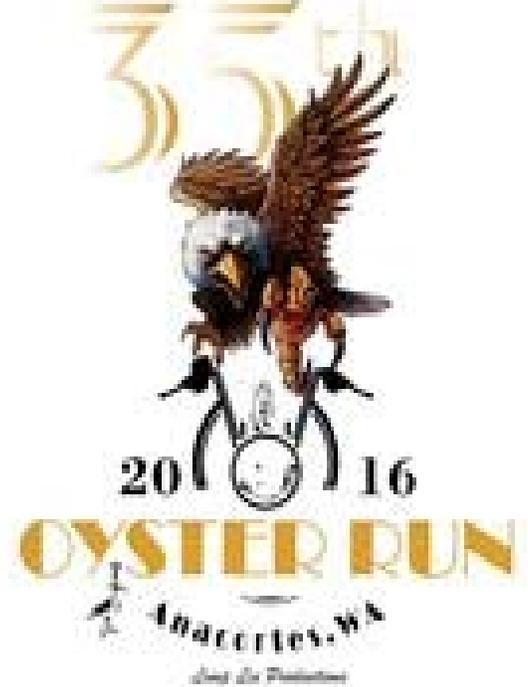


4th Annual Mid-Winter Blah's  
Bowling Party March 12th, 2016  
1:30 to 5:00

\$15 Per Person  
Prizes & Trophies Awarded

*Coffee, Shoes and Soda Included*

*We would like to thank our advertisers and donating companies for all their support through the summer*



## Americanism Committee

Our Snohomish County DAV Chapter 13 is involved in many veteran outreach programs trying to connect and reconnect with our intergenerational veterans to support, assist, and help them grow. Here are few of the outreach projects we completed and others we are working on to enhance our local veterans' quality of life:

**DAV Chapter 13 Support to the Fischer House adjacent to the Puget Sound Medical Center, Seattle WA:** In response to a quick turn-around request from another veterans support organization, your chapter stepped up, collected, purchased, and donated close to \$90.00 worth of paper products to the Fisher House. The purpose of the Fischer House is to provide living support for families of hospitalized veterans recovering from catastrophic combat injuries. Our Chapter's efforts helped them reach and surpass their goal.

**Fund Raising Drives:** Thank you for your active participation in raising much needed money to support disabled veterans during 2017. Thank you for coming out and working all these events, especially the Oyster Run, Forget Me Not drive, and Golden Corral's Military Appreciation Night. Without your active participation we cannot be successful in fulfilling the DAV's purpose to empower veterans to lead high quality lives with respect and dignity.

**The City Of Lynnwood's Hero's Café Initiative:** The Hero's Café grand opening ceremony is scheduled for Tuesday, 31 January 2017, 10:30am, at the Verdant Health Commission's Community Wellness Center. Our guest of honor will be the Mayor of Lynnwood Nicola Smith. The Verdant Health Commission Community Wellness Center is located at 4710 196th St. SW, Lynnwood, WA 98036, between Party City and Applebee's. Simply, the Hero's Café will be a safe gathering place where our intergenerational veterans can gather to form a community in which their stories and experiences can be shared and hopefully forge new friendship bonds between comrades. The veteran will be able to share in conversation, get a cup of "Joe", a bite to eat, and perhaps document their military experience. Just as importantly, there will be Services Officers available to assist veterans in accessing their VA benefits. Come out and bring a veteran, tell a veteran, the last Tuesday of each month and enjoy that same camaraderie you did while in that foxhole, aboard your ship, at the "Club", or on your base.

**Integration of Sebastian Place Residents into the DAV Chapter 13 Community:** Sebastian Place is a resident community comprised of 20 disabled veterans who were formerly homeless. We began a partnership with Catholic Charities Services to include them into our chapter to celebrate camaraderie and friendship throughout the upcoming year. Our plan of commitment outlines our monthly efforts to share in a variety of experiences to include having them attend our monthly DAV chapter meetings, participate in our events and fundraising activities, and we host dinner for them and visit with them in their community room. Additional opportunities may include movie night, game night, and events they suggest as we grow with them. We can make a positive difference in their lives through chapter members' active participation and engagement in these monthly events. Please show your support when we advertise.

**Forget-Me-Not Winter Drive:** Our fall drive was nothing short of fantastic. To build on our previous success we are working with the Chapter's Executive team to plan, schedule, and execute another drive in the February-March timeframe. In addition to the generosity of the community, our success occurred because we had many volunteers dedicating their time and energy to this most worthy cause. Many veterans and organizations working with disabled veterans we reap the benefits of our collective efforts.

Gary Walderman

Chairman

# City of Lynnwood Hero's Café Grand Opening January 31, 2017

- ❖ **What:** Hero's Café is a monthly social gathering to celebrate your service in partnership with the City of Lynnwood Veterans Outreach program to access your VA benefits
- ❖ **Who:** City of Lynnwood Veterans Outreach partners with local Veterans Support Organizations
- ❖ **Where:** Verdant Health and Wellness Community  
4710 196<sup>th</sup> Street Southwest  
Lynnwood, WA 98036  
Cedar Training Room  
(425) 582-8600
- ❖ **When:** Tuesday, 31 January 2017, 10:00am to 3:00pm
- ❖ **Recurring:** Last Tuesday of each month, 9am to 3pm

# ood Opening 7

g for all veterans to  
ity of Lynnwood Veterans

nership effort with local

ty Center

3:00pm

3pm





Disabled American Veterans  
**Snohomish County DAV Chapter #13**

Attn: Adjutant  
10121 Evergreen Way #25-101  
Everett, WA 98204

Call (425) 299-3373 for Info or you can e-mail:  
[info@snohomishcountydav13.com](mailto:info@snohomishcountydav13.com)



Don't forget our service officers come to the meeting location at 6:00 pm to assist our veterans in claims processing and community out-reach resources.

**If outside vendor present they do their presentation before meeting formally can open at 7 each meeting night.**

**We meet the 1st Tuesday of every month at the Lynnwood Eagles**

**The meeting address is 19223 Highway 99, Lynnwood, WA 98036**