



# Ray H. Fuller DAV Chapter 17

Oshkosh, Wisconsin

ggilles@new.rr.com

September 2014

## CHAPTER OFFICERS:

### Commander

George Gilles  
920-426-4152  
Cell: 920-379-0628

### Senior Vice Commander

Fred Hamel  
920-233-6538

### Junior Vice Commander

Sonny Ramminger  
920-420-9337

### Treasurer/Adjutant/IPC

Rod Kalata  
920-420-5544

### Judge Advocate

Lee Schuff  
920-725-2780

### Service Officer

Laura Felton  
920-410-8612

### Chaplain

Roy Rogers  
920-722-2477

### Assistant Chaplain

Lee Schuff  
920-725-2780

### Sergeant-At-Arms/

### Officer of Day

Daniel Dodge  
920-203-7428

### 3rd Year Trustee

Annette Reichard  
920-312-1312

### 2nd Year Trustee

Dennis Baldry  
920-203-0296

### 1st Year Trustee

Chris Reichard  
920-379-3729

### Legislative Director

George Gilles  
920-426-4152

## AUXILIARY OFFICERS:

### Commander

Mary Gilles  
920-426-4152  
Cell: 920-379-1782

### Adjutant

Julie Rymmer  
920-410-0573

## MEETINGS:

### Chapter

4th Tuesday/month  
7:00 p.m.  
Oshkosh Elks Club  
175 W. Fernau Ave.

### Executive Committee

2nd Tuesday/month  
5:30 p.m. Elk's Club

### Auxiliary

4th Tuesday/month

## The commander sez:

We had a great turnout for our picnic with some new people present and a good time was had by all. Thank you to Duane Canon and Paul Baker for your help when the DAV van was at the Elks on 9-10-2014. We will be giving our report for how the forget-me-not funds are to be distributed with your approval. Looking forward to seeing you at our next meeting.

Commander George Gilles

## COMING EVENTS:

- Sept. 23 Regular DAV 17 meeting  
at the Elks 7:00 p.m.
- Oct. 14 CEC Meeting @ 5:30 p.m.  
at the Elks Club
- Oct. 16 Newsletter deadline
- Oct. 16-18: Department Fall Conference  
@ Wisconsin Dells
- Oct. 21 Newsletter labels @ Murdock  
and Bowen firehouse 10:00 a.m.
- Oct. 28 DAV/DAVA Meeting @ 7:00 p.m.  
at the Elks Club
- Nov. 8 Veteran's Recognition and  
Tribute @ the Elks Club 9:45 a.m.

## MAKE SOME CASH ATTENDING A MEETING:

The meeting incentive program is to increase attendance at the chapter meetings. The Pot-Of-Gold for the July meeting will be worth \$290.00.

## ONE FINAL ACT OF KINDNESS:

Please consider putting DAV Chapter 17 and/or DAVA Unit 17 on your list of beneficiaries when planning distribution of your estate.

## SICKNESS AND DISTRESS

We had one member make the Supreme Commander's final call. Roger Messing on August 30, 2014. Please remember our members that are under medical care: Sonny Ramminger and Doc Sonnleitner. Doc will be recuperating at Evergreen. Also remember Annette Reichard as she recovers from her illness.

## FYI:

Signs of depression and mental health awareness; "butterflies in the stomach" or a quickened heart-beat, most people feel anxious and is normal to worry or feel nervous in stressful situations, some constantly feel on edge and panicky. Sadness is a normal emotion, however long periods of hopelessness maybe a sign of depression. Constant anxieties and depression can take a toll on a service member's health.

Cholesterol is a waxy fat-like substance produced by the body and is found in many foods. Over time, this buildup causes blood flow to and from the heart to decrease and at times become blocked. Lipoprotein profile or lipid panel checks cholesterol levels. TRICARE covers a lipid panel once every five years beginning at the age of 18.

Prevent Blindness, a national eye health and safety group, reminds us to always be on alert when it comes to children's eye health and safety every two years between the ages of three and six years old, TRICARE covers an eye exam by an optometrist or ophthalmologist focusing on regular vision services. Ophthalmologists should include screening for lazy eye and crossed eyes and no cost for well-child exams, with special protection for your child's eyes during sport activities and UV protection. Eye Spy and Star Pupils education programs for children.

To reduce cost and increase efficiency, the Defense Department is moving away from mailing letters with update information. This means that instead of a letter, you will get email notifications when there are important changes to your DoD benefits, including TRICARE. The email will link you to milConnect, a secure DoD website, where your personal information will be posted.

## AUXILIARY NOTES

It is getting to be that time of year again - chilly, not ready. Fall Conference is coming up on October 16-18 at Ho Chunk in Baraboo. We will have a special guest from State. Patty Davis will be attending, please give her a warm welcome. Let me know of any concerns, illness, or thoughts, and hardships.

Dear Lord, please watch over us and keep us well in body and mind. Give us the wisdom to choose the right path to follow. Amen.

*Commander Mary Gilles*

*Deaths: Commander Mary Gilles lost her mother, Catherine L. Stumpner of Berlin on August 14, 2014.*



**Ray H. Fuller DAV Chapter 17**

P.O. Box 3434

Oshkosh, WI 54903

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## NOTE DATE CHANGES

The cutoff for the newsletter is the 2nd Thursday of the month by 11:00 am and the newsletter labels and mailing will now be the 3rd Tuesday @ 10:00 am at the Bowen and Murdock Fire Station, instead of the 3rd Thursday, so everyone will get their newsletter in plenty of time for the monthly meeting on the 4th Tuesday.

## NEXT MEETING

**Tuesday, October 28, 2014**

Elks Hall – 175 W. Fernau Ave.  
Oshkosh, Wi.